



*Featuring*

**Keynote Speaker**



*Fedele  
Bauccio*

**NEW! Soils Course**



Practical Farmers of Iowa  
**Soils 101**



*Everything You  
Need to Grow*

January 12 - 13, 2012  
ISU Agronomy Hall

**Practical Farmers of Iowa**

**2012 Annual Conference**



January 13 - 14, 2012 | Iowa State Center, Scheman Building, Suite 102 | Ames, Iowa 50011

## SCHEDULE

**Thursday, January 12, 2012**

1 – 8 pm: Soils 101 (ISU Agronomy Hall)

**Friday, January 13, 2012**

8 – 11:30 am: Soils 101 (ISU Agronomy Hall)

11 am – 12:30 pm: Registration

12:30 – 4:30 pm: In-depth Workshops

2 – 3 pm: Networking Break  
in the Exhibit Hall

5 – 6 pm: Reception

5 – 6 pm: Beginning Farmer Mixer

6 – 7 pm: Soup Supper  
*Featuring food raised by PFI farmers*

7 – 8 pm: Keynote Address

8 pm – Midnight: PFI Mixer, Hotel Hospitality Room,  
BEST WESTERN PLUS University Park Inn & Suites,  
2500 University Blvd.

*Please bring snacks and Iowa wine, beer, cider or other  
refreshments, and mingle with other PFI members.*

**Saturday, January 14, 2012**

7 – 8:30 am: Registration and  
Continental Breakfast

8:30 – 10:30 am: Round I Workshops

10:30 – 11 am: Networking Break  
in the Exhibit Hall

11 am – Noon: Round II Workshops

Noon – 1:30 pm: Lunch (*Featuring food raised  
by PFI farmers*)

**Business Meeting: Update on YOUR  
Practical Farmers of Iowa**

1:45 – 2:45 pm: Round III Workshops

3 – 3:45 pm: Round IV Cluster Meetings

4 – 5 pm: Round V U-Pick Workshop

### WANTED: Posters

Member posters have a long history at the Annual Conference! Bring a poster about nearly anything that would interest other members — share your farm, your research and demonstration projects, your lessons learned! No proprietary products, please. Just check the box on the registration form, and we'll send you more information.

## WHAT'S COOKIN'

**New this year! Soils 101**

Practical Farmers of Iowa will be offering a short course on soils before the official start of the conference. The course will run Thursday, January 12, from 1 – 8 pm and continue on Friday, January 13, from 8 – 11:30 am.

**Beginning Farmer Mixer (Friday)**

Quality networking with other beginning farmers. Light appetizers provided before Friday evening meal.

**In-Depth Workshops (Friday)**

These in-depth sessions run all afternoon from 12:30 – 4:30 pm with a one-hour break from 2 – 3 pm.

**PFI Mixer (Friday)**

Bring local snacks and mingle with other PFI members.

**Coffee Shops (Saturday)**

Stop in and talk one-on-one with Abe Collins Saturday morning in the exhibit area. Beginning farmers: Sign up on your registration form for an individual consultation on your farm financial plan with a financial expert.

**Round I – V Workshops (Saturday)**

These shorter workshops provide a digest version of heavy hitting topics.

**Business Meeting (Saturday)**

Join us at Saturday during lunch for the latest on PFI's programming, finances, staffing and more.

**Cluster Meetings Round IV (Saturday)**

Talk with others interested in the topics you are!

**U-Pick Round V (Saturday)**

YOU choose the topics for informal discussion. Write your ideas on your registration form, and we'll organize sessions to cover as many topics as possible.

# Made from Scratch

January 13 – 14, 2012 | Iowa State Center | Scheman Building, Suite 102 | Ames, Iowa 50011

Practical Farmers of Iowa is cooking up an agriculture with a blend of benefits for both farmers and consumers: profitable enterprises, healthful food, strong communities, clean air and water — and a commitment to farmers of the future.

## SPECIAL FEATURE

**New this year! Soils 101**

*Pre-Conference Course*

*January 12 – 13, 2012, ISU Agronomy Hall*

Practical Farmers of Iowa will be offering a short course on soils at 3140 Agronomy Hall, Iowa State University campus, before the official start of the conference. The course will run Thursday, January 12, from 1 – 8 pm and continue on Friday, January 13, from 8 – 11:30 am. Instructors for the course include: Dr. Lee Burras, Iowa State University; Dr. Andrew Manu, Iowa State University; Amber Anderson-Mba, MS, Sustainable Agriculture; Tim Landgraf, One Step at a Time Gardens; and Francis Thicke, Radiance Dairy.

Topics covered include:

- Landscape history and soil formation
- Soil morphology, classification, taxonomy and architecture
- Activity: soil texture by feel method
- Soil colloids
- Soil water
- Organic matter
- Soil pH
- Soil maps
- Nutrients and fertility
- Soil biology
- Soil ecology
- Indicators of soil health you can measure on your farm
- Presentations on practical soil management from vegetable farmer Tim Landgraf and dairy farmer Francis Thicke

Dinner on Thursday evening will be included. Register for the class when you register for the conference. For directions, parking instructions or other information, contact Kevin Dietzel at [kevin@practicalfarmers.org](mailto:kevin@practicalfarmers.org) or 515-232-5661.

## KEYNOTE ADDRESS

*Fedele Bauccio, CEO*

*Bon Appétit Management Company*

When Fedele Bauccio co-founded Bon Appétit Management Company in 1987, he set out to revolutionize the food service industry by bringing fresh, made-from-scratch food to the contract market. Today, Bon Appétit spends over \$55 million annually on food from within a 150-mile radius of each café, uses only sustainable seafood, sources turkey breast and chicken raised without antibiotics as a routine feed additive, features natural beef burgers and leads the industry in using cage-free shell eggs. In 2007, the company debuted its Low Carbon Diet, the first program to make the connection between food and climate change. Bon Appétit is now a \$500 million company with more than 400 cafés in 28 states serving over 80 million meals a year.

Fedele was named 2008 Innovator of the Year by Nation's Restaurant News, and he was one of the first winners of the James Beard Foundation Leadership Awards. He is also a member of the Pew Commission on Industrial Farm Animal Production.

Fedele will be introduced by Fred Kirschenmann, Distinguished Fellow of the Leopold Center for Sustainable Agriculture and President of the Stone Barns Center for Food and Agriculture. Along with his friend Fedele, Fred is a recipient of the Beard award and serves on the Pew Commission on Industrial Farm Animal Production.



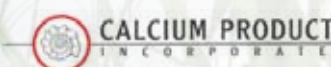
*Keynote presenter  
Fedele Bauccio*

## THANK YOU to our sponsors

**Henry A. Wallace Chair for  
Sustainable Agriculture**



**IOWA STATE UNIVERSITY**  
Extension and Outreach



# FRIDAY

## In-Depth Workshops

12:30 – 4:30 pm

Each session runs all afternoon, with a one-hour break from 2-3 pm

### The Curious Grazier: Questions Asked, Lessons Learned

Come hear Abe Collins, co-founder of the Soil Carbon Coalition, talk about the lessons he's learned from grazing at his Cimarron Farm in Vermont. Abe will cover a variety of topics: holistic management, using a Keyline plow to develop soils, grazing tall (leaving a high residual after grazing or not grazing the whole plant), changed fall and spring grazing management, soil fertilization using raw milk and other "regenerative agricultural" lines of inquiry that he has been exploring over the past eight years on Cimarron Farm.



Abe Collins

Abe Collins grazes cattle at his St. Albans, Vermont, farm and is the founder of the New Soil Matrix, New Soil Quantum and a co-founder of the Soil Carbon Coalition.

### Cover Crops: 101 and Advanced

Spend the afternoon learning from agronomists and farmers about cover cropping basics and new alternatives to test on your farm. From 12:30 – 2 pm, we will focus on the basics, including adding a cover crop to a corn and soybean rotation, killing cover crops in the spring, the best way to apply manure with a cover crop and drilling, overseeding and flying on the cover crop. From 3 – 4:30 pm, we will focus on advanced cover cropping, including legumes, cover crop radish, ryegrass, grazing cover crops, mow-killing cover crops, drilling soybeans into living cover crops, the benefits of different types of cover crops and more.

**Nathan Anderson** is an integrated crop and livestock farmer near Cherokee.

**Paul Ackley** is an integrated crop and livestock farmer near Bedford.

**Dave Robison** is the Agronomist/Seed Marketing Manager of CISCO Seeds and founder of plantcovercrops.com.

**Tom Kaspar** is an Agronomist with the USDA National Laboratory for Agriculture and the Environment.

### Extending the Season in Your Kitchen

Learn how to extend the season in your kitchen! ISU Dining Director Nancy Levandowski and new ISU Executive Chef Richard Rexroat will share how they freeze Iowa produce on an institutional scale and serve it during the off-season. Learn also the tips for dehydrating produce and root cellaring from expert preservers Donna Prizgintas, Lonna Nachtigal, Beth Kemp and Mary Swander. Watch a dehydrating demo, taste little pieces of summer with dried cantaloupe and watermelons, and learn how to make delicious and beautiful fruit candies. The session also includes a tour of an ISU commercial kitchen.

**Nancy Levandowski**, Iowa State University Dining Director.

**Richard Rexroat**, Iowa State University Dining Executive Chef.

**Donna Prizgintas** of Ames has cooked for Hollywood movie stars, PFI events and for other nonprofit organizations that she supports.

**Lonna Nachtigal** farms at Onion Creek Farms in Ames.

**Beth Kemp** farms at Jumping Bean Farm near Ames.

**Mary Swander**, Iowa State University professor and Poet Laureate of Iowa.

### Farmer Strategies For Saving Energy – and Money

Last year, many of you couldn't get into the packed room to hear Francis Thicke discuss his on-farm energy efforts so we're bringing him back! In addition, LaVon Griffieon, Mark Runquist and Rich Schuler will discuss other PFI farms' energy conservation, small farm wind turbines, a biogas project and more. Mark Hanna will talk about techniques to save energy in crop production, including grain drying and field use. Fred Kirschenmann will set the stage for why we need to act quickly to reduce on-farm energy use. Kamyar Enshayan, who heads the Farm Energy Working Group, will moderate the session.

**Fred Kirschenmann** is Distinguished Fellow of the Leopold Center for Sustainable Agriculture and President of the Stone Barns Center for Food and Agriculture.

**Francis Thicke**, Radiance Dairy near Fairfield, has solar and geothermal units on his farm and is adding a wind turbine.

**LaVon Griffieon** is working to reduce energy use on her diversified crop and livestock farm near Ankeny.

**Mark Runquist** has a wind turbine at his Melborne-area High Hopes Gardens.



Lonna Nachtigal



Kaj Munck

**Mark Hanna** is an Extension Agricultural Engineer at Iowa State University.

**Rich Schuler** is an energy consultant for Practical Farmers of Iowa.

**Kamyar Enshayan** is the director of the Center for Energy and Environmental Education at the University of Northern Iowa.

### Growing and Selling Vegetables to a Hungry Market

If you are looking to build your profitable vegetable farm, this session is for you. Rufus Haucke of Keewaydin Farms started in 2004 with a quarter acre of produce. Along the way he experimented with dairy, pig, beef and egg operations, and now focuses solely on raising vegetables. Currently he has 15 acres in production and plans to expand to 20 – 40 acres of vegetables in the next three years. Rufus will walk through his experience establishing and building his operation and conclude with a vision of what it could look like in five years. He will discuss infrastructure, equipment needs, season extension, marketing, financing and farm size.

**Rufus Haucke**, Keewaydin Farms, markets products to Minneapolis, Madison, Milwaukee and Chicago through grocery stores, restaurants, wholesale distributors and an on-farm CSA. Rufus also owns Keewaydin Organics, a wholesale distributor that markets products from 40-50 southwestern Wisconsin farms.

# SATURDAY

## Workshops

ROUND I: 8:30 – 10:30 am

### Responding to Regulations: Pig Production in Denmark

In 1988, Kaj and Anette Munck raised 65 sows and no finishers. Now they have 400 breeding sows and sell about 8,000 pigs per year. Meanwhile, farming regulations in Denmark have grown, including a ban on subtherapeutic antibiotic use (1998) and an upcoming ban on gestation crates (2013). Kaj will talk about his operation, including nutrient management procedures and markets, and his take on the various aspects of animal welfare and environmental regulation in this intensely farmed and populated nation.

**Kaj Munck** and Anette, his wife, have been farming since 1988, when they purchased their farm 70 kilometers from Copenhagen. Their pigs are purchased by Danish Crown Slaughterhouse and exported throughout Europe.

### Real Life Business Plan Vetting

Come hear farmers "pitch" their business plans to the experts! Beginning vegetable farmer Sara Hanson and beginning mixed livestock farmers Ryan and Janice Marquardt present details of their business plans, including their projected income statement, cash flow statements and marketing plans. A panel of experts, including a private banker, investor and Farm Credit lender, will offer feedback on strong points of the plans as well as suggestions for improvements.

**Sara Hanson** runs Prairie Sky Farm, near Wesley, and is enrolled in PFI's Savings Incentive Program.

**Ryan and Janice Marquardt** run Wild Rose Pastures, Reasnor, and are enrolled in PFI's Savings Incentive Program.

**Jonathan Jaffe** is Vice President of Farm Credit East, in Connecticut, and a board member of The Carrot Project.

**David Miller** is the Founder of Chicago-based Working Farms Capital and Iroquois Valley Farms.

**Renee LaBarge** is First Vice President of Lincoln Savings Bank, headquartered in Reinbeck.

### Off-farm Inputs: Using Less to Earn More

Data from Iowa State University says that adding a third crop to a corn and soybean rotation can increase farm income while reducing farmers' dependence on volatile markets. Not convinced? Learn ways to reduce your use of herbicides, nitrogen fertilizers and GMO seeds, and the economics behind these money-saving alternatives from research conducted by agronomist Dr. Matt Liebman and economist Dr. Craig Chase. Also see the differences between non-GMO and GMO technology packages from 2008 – 2011 of this study.

**Matt Liebman** is the Wallace Chair for Sustainable Agriculture and Agronomy Professor at Iowa State University.

**Craig Chase** is an Agricultural Economist and Value Added Extension Specialist at Iowa State University.

### Increase Sales through Season Extension

Learn how to extend your season using movable or stationary high tunnels, low tunnels and low-technology season extension techniques. Mike Bollinger will cover an array of season extension topics, including scheduling, storage, marketing, and starting seeds and transplants for the spring and fall season.

**Mike Bollinger**, and Katie, his wife, operate River Root Farm, a certified organic small acreage farm nestled in the hills near Decorah, Iowa. Mike is also co-founder of Four Season Tools.

## Practical Farmers of Iowa 2012 Annual Conference

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

### A PFI Membership

Membership is optional but qualifies you for conference discounts.

- I am currently a member of PFI. (go to B2)
  - I am not a member. (go to B3)
  - I wish to renew or become a member. (go to B2)
- individual .....\$35  
farm/household .....\$45  
organization.....\$75

Subtotal A \$ \_\_\_\_\_

### B1 Student Registration

Membership not required — discounted registration for high school and college students — includes both days, walk-ins welcome, student ID required at registration.

- Fri. and Sat. sessions .....\$15

Subtotal B1 \$ \_\_\_\_\_

### B2 Member Registration

Covers all members of farm/household membership, two members per organizational membership, one individual for individual membership. Refreshments at breaks included. Soils 101 prices are per person and include Thurs. dinner.

Soils 101

- Before Jan. 4 .....\$40
- Walk-in at conference .....\$50

Friday sessions

- Before Jan. 4 .....\$25
- Walk-in at conference .....\$35

Saturday sessions

- Before Jan. 4 .....\$40
- Walk-in at conference .....\$50

Subtotal B2 \$ \_\_\_\_\_

### B3 Non-Member Registration

Per person. Refreshments at breaks included. Soils 101 prices are per person and include Thurs. dinner.

Soils 101

- Before Jan. 4 .....\$55
- Walk-in at conference .....\$65

Friday sessions

- Before Jan. 4 .....\$40
- Walk-in at conference .....\$50

Saturday sessions

- Before Jan. 4 .....\$55
- Walk-in at conference .....\$65

Subtotal B3 \$ \_\_\_\_\_

continued on back >

REGISTRATION FORM



January 13 – 14, 2012

Iowa State Center  
Scheman Building, Suite 102  
Ames, Iowa 50011

Please postmark no later than  
Wednesday, January 4  
After that time, attendees must  
register as "walk-ins"  
at the conference.

## C Meals (optional)

Availability not guaranteed after Jan. 4. No reservations without payment. Child meals for ages 12 and under.

Friday evening Soup Supper

Adult \_\_\_\_\_ x \$10

Child \_\_\_\_\_ x \$5

Vegetarian meal option

Saturday noon All-Iowa meal

Adult \_\_\_\_\_ x \$20

Child \_\_\_\_\_ x \$10

Vegetarian meal option

Subtotal C \$ \_\_\_\_\_

Total of A, B & C \$ \_\_\_\_\_

Please contact Patrick at 515-232-5661, patrick@practical-farmers.org with questions about membership or registration.

Payment by Mastercard or Visa accepted by registering online: www.practicalfarmers.org. Sorry, but we cannot accept credit cards at the registration table. **No refund requests honored after January 8, 2012.** A \$5 administrative fee will be deducted from refunds requested in writing before that date.

## Special Options

I am interested in having a display in the exhibit hall and/or being a co-sponsor.

I plan to bring a poster on a research project or educational topic.  
Topic: \_\_\_\_\_

I plan to bring an item for the silent auction to support the PFI Youth Program.  
That item is: \_\_\_\_\_

Beginning Farmers: I would like a consultation on my farm financial plan.

## U-PICK

From glyphosate resistance to selling your products to schools: YOU choose the topic for this session. Write your idea below and turn in with your registration, and we will organize sessions to accommodate as many ideas as possible.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Kids are welcome!

While we are not providing child care (due to lack of demand in past years), we will have activity packets available for children at the registration desk.



## LOCATION

Iowa State Center  
Scheman Building, Suite 102  
Ames, Iowa 50011

### Directions:

- I-35 north to exit 111B
- US Hwy 30 west to University Blvd. (formerly Elwood Dr.) exit 146
- Right onto University Blvd. north to Iowa State Center
- Left onto Center Dr.

### Make checks payable to: Practical Farmers of Iowa and mail this form to:

Patrick Burke  
Practical Farmers of Iowa  
137 Lynn Ave., Suite 200  
Ames, IA 50014

## LODGING

PFI has reserved a block of hotel rooms 2.5 miles south of the conference site at the BEST WESTERN PLUS University Park Inn & Suites, 2500 University Blvd. (just south of Hwy 30). Please call 515-296-2500 by Dec. 30 to guarantee a room. Prices range from \$74.95 – 84.95/night.

You may prefer to stay at a locally owned establishment:

Onion Creek Farm Guesthouse  
515-292-0117 (PFI members Joe Lynch and Lonna Nachtigal)

MonteBello Bed and Breakfast  
Inn 515-296-2181 or  
515-290-3999

Iowa House Bed and Breakfast  
Inn 1-855-292-2474

Campus Bed and Breakfast  
515-451-6007



Rufus Haucke



Francis Thicke



Sara Hanson

### High-Energy Forages: The Key to Grass Finishing

The key to raising grass-fed beef is learning how to raise high-energy forages, knowledge that has nearly been forgotten. Forage had long provided the protein and energy necessary to fatten ruminant animals until about 1960 when using grain as a ruminant feed began to be widely practiced. This session will focus on how to increase the levels of energy in forages, which is the key to fattening cattle (or other ruminants) on grass.

*Todd Churchill* is the founder and co-owner of Thousand Hills Cattle Company in Cannon Falls, Minnesota.

### ROUND II: 11am – Noon

#### Security through Improved Soil Health

Improved soil health may be the most direct, cost-effective way to achieve clean water, mitigation of flooding and fire hazards, and provision of other environmental services. We'll talk about the environmental services provided by healthy soil and about pilot projects, technologies and policies that can help cities and regions plan for the future.

*Abe Collins* is a cattle grazer from St. Albans, Vermont, and the founder of New Soil Matrix, New Soil Quantum and a co-founder of the Soil Carbon Coalition.

#### Profitable Pigs with Alternative Feeds

Corn and soybeans are expensive to feed to pigs but result in high feed efficiencies. Small grains and forages are part of a sustainable farming system and may be overlooked as good sources of feed for pigs. If your goal is to keep pigs on the farm and stay in a long rotation, join Dan Wilson and Dave Stender to learn about growing, grinding and feeding small grains, brassicas, forages and other feeds for improving swine nutrition, increasing gains and monitoring the effect of these feeds on meat quality.

*Dan Wilson* is an integrated crop and livestock farmer from Paullina.

*Dave Stender* is an Ag Extension Specialist with Iowa State University.

### Producing an Abundance for Your CSA

How does an experienced CSA (Community Supported Agriculture) farmer make sure to have enough quantity and variety for CSA members every week of the season? The session will cover crop scheduling, deciding on a fair share size, what to do about crop failure and excess, how to fill the space between the end of spring crops and full production of summer crops, and fall season extension without a high tunnel.

*Laura Krouse* owns and operates Abbe Hills Farm near Mount Vernon. The 72-acre farm produces food for a CSA that supports about 200 families among other enterprises.

### Investing in Farms and Farmers

Creative projects are popping up to link investors with the beginning and sustainable farmers who need their help. This session features two of those efforts. Working Farms Capital (working-farmscapital.com) and Iroquois Valley Farms, based in the Chicago area, invest in farms and farmers for financial return and social impact. The Carrot Project (carrotproject.org), based in Boston, runs a loan program for sustainable farmers in the Northeast United States.

*Jonathan Jaffee* is a board member of the Carrot Project.

*David Miller* is the founder of Working Farms Capital and Iroquois Valley Farms.

### Profitable Nut and Fruit Tree Crops

Back by popular demand! Would you like to increase your farm revenue by more than \$10,000 per acre? Learn how to select a site with suitable soil types, choose an orchard seed mix and protect tree seedlings from root competition and deer browse. Get specifics about what it takes to get successful establishment of a profitable tree crops orchard.

*Tom Wahl and Kathy Dice* founded Red Fern Farm tree crops farm/nursery, in Wapello, in 1986.

### Round III: 1:45pm – 2:45pm

#### Mobile Meat Processing: Successes and Failures

Mobile Processing Units seem like a possible solution to the lack of processing in the Midwest,

but do they work? Two farmers working with two different mobile processing groups will tell of their successes, failures and frustrations with mobile processing and will discuss its effectiveness.

*Jim Knopick* is a farmer who worked with the Nebraska Environmental Action Coalition to

build a red-meat unit in Nebraska.

*Tom Parker* is a farmer who participates in the Green Hills Farm Project in Missouri that has a poultry unit.

### Balancing Steel and Herbicides to Reduce Resistance

Did the waterhemp just not die this year after applying glyphosate? Is weed control in your conventional crops becoming more difficult? Learn about why we see weed resistance on our farms and how to better manage and avoid future weed resistance to herbicides through a balanced approach. Ridge-tillage, cultivation and herbicides are a good combination for reducing future risks of weed resistance and better care of your cash crops.

*Craig Fleishman* is a row-crop farmer who uses ridge-tillage near Minburn.

*Mike Owen* is a Extension Weed Specialist with Iowa State University.

### Mastering Strawberry Production

Learn how Angela Tedesco has produced quality organic strawberries for the past 15 years. Angela, who received a Master's degree in horticulture with a focus on small fruit production, will discuss organic strawberry production in-depth, from site selection to cultivars to marketing. Angela will cover both June-bearing and day-neutral strawberries.

*Angela Tedesco* is in her 16th season of CSA production and provides shares to approximately 175 families in Central Iowa.

### Preserving Your Farm

Founding PFI members Tom and Irene Frantzen are working through legacy planning. Foremost in their minds: How do they provide for their three grown children while keeping the farm together? What tools are there for allowing their son, James, to farm while also treating their two daughters fairly? Join Tom, Irene and James as they present their story. Jim McCarthy of FBL Financial Group, will join the talk with advice on questions and strategies to consider.

*Tom, Irene and James Frantzen* farm near New Hampton at Frantzen Family Farms.

*Jim McCarthy* advises farm families for FBL Financial Group.

### Eating Locally: Supporting Farmers, Growing Your Own

PFI's Rich Schuler and Tomoko Ogawa along with Linda Barnes from High Hopes Gardens will lead the discussion on how you personally can help build the local foods movement. Rich and Tomoko led and participated in PFI's 15-month study analyzing local versus distance food purchases of six different households. Linda and her family grow much of their food on their farmstead in Melbourne. Come prepared to discuss your ideas and strategies for eating locally.

*Linda Barnes* and her family raise chickens, turkeys, lamb, fruits and vegetables at High Hopes Gardens in Melbourne.

*Tomoko Ogawa and Rich Schuler* organized the local foods study for PFI and buy as much food as they can from Iowa farmers.

### Round IV: 3 – 3:45pm

#### Cluster Meetings

Talk with others interested in the topics you are! Sessions on:

*Mobile meat processing:* Will it work for Iowa? (continuation of Round III)

*Crop insurance:* Options for fruit and vegetable producers

*Beginning farmers:* Sharing tips on getting started

*Non-operator landowners:* Farming your land more sustainably

*Policy:* Influencing policy on the local level

*Field crops:* What are you planting this year?

Come and share

### Round V: 4 – 5pm

#### U-Pick

YOU choose the topics for informal discussion. Write your ideas on your registration form, and we'll organize sessions to cover as many topics as possible.



Tom and Irene Frantzen

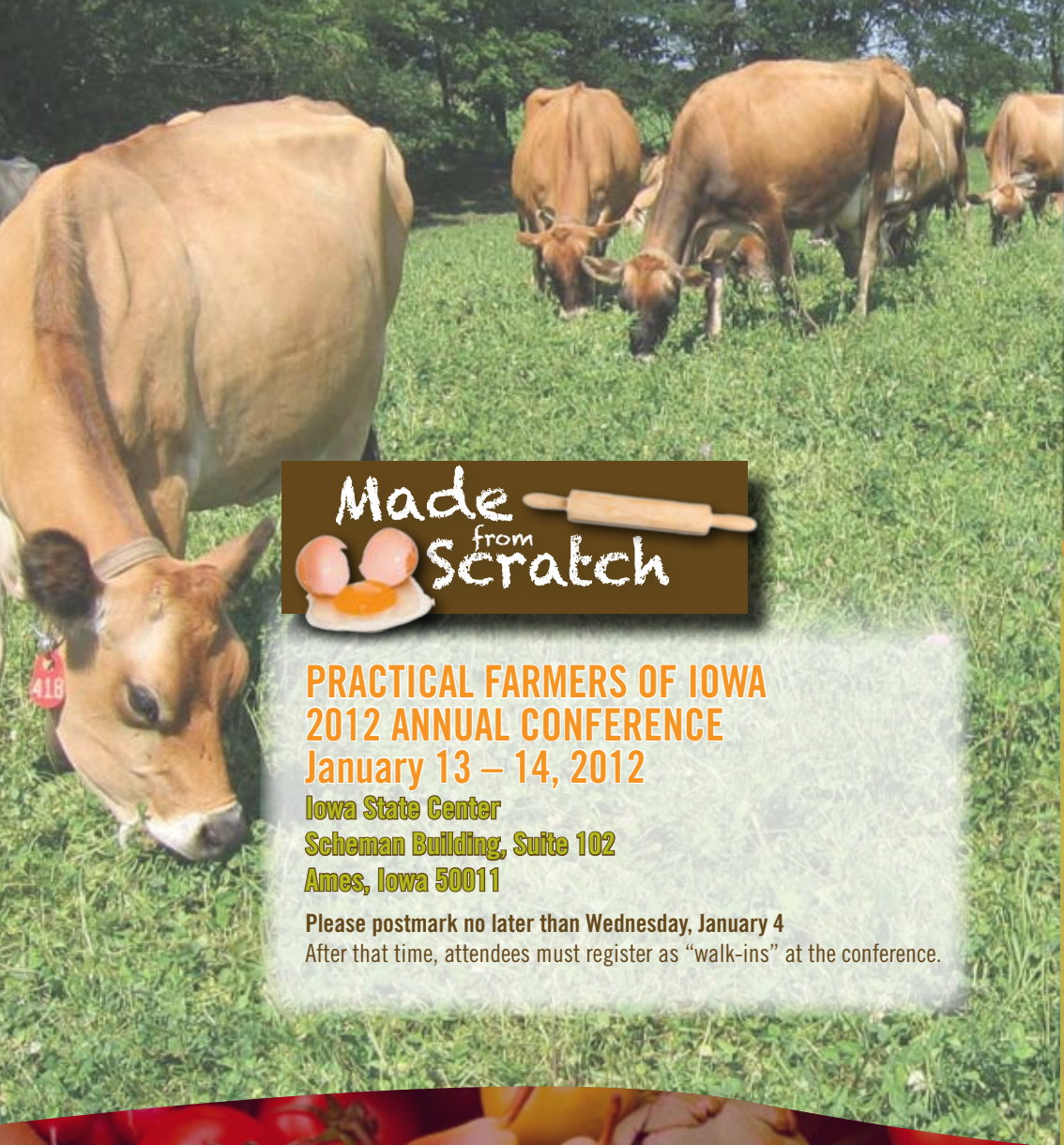


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**PRACTICAL FARMERS OF IOWA  
 2012 ANNUAL CONFERENCE  
 January 13 – 14, 2012**

**Iowa State Center  
 Scheman Building, Suite 102  
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**LEOPOLD CENTER  
 FOR SUSTAINABLE AGRICULTURE**



**IOWA STATE UNIVERSITY  
 Department of Agronomy  
 Crop, Soil, and Environmental Sciences**

